



From the IMA Public Health Committee: November 2025

Idaho Physician and Nurse Organizations' Statement on Acetaminophen Use During Pregnancy

Idaho families deserve clear, trustworthy medical advice based on solid research. Recently, some public statements have caused confusion about using acetaminophen (also known as Tylenol or paracetamol) during pregnancy.

We want to be clear: **current high-quality research does not show that using acetaminophen properly during pregnancy causes autism or other developmental issues in children.** This view is supported by leading national medical organizations, including The American College of Obstetricians and Gynecologists (ACOG), The Society for Maternal-Fetal Medicine (SMFM), The American Academy of Pediatrics (AAP), The American College of Emergency Physicians (ACEP), and The American College of Nurse-Midwives (ACNM).

In Idaho, healthcare providers commonly recommend acetaminophen as the safest choice for relieving pain and reducing fever during pregnancy and in children. It's important to know that **untreated fever—especially early in pregnancy—can increase the risk of birth defects, miscarriage, or premature birth.**

If you are pregnant or planning to become pregnant, talk with your doctor, obstetrician, midwife, or other healthcare provider about any concerns. Always use the lowest effective dose of any medication.

Amid all the recent headlines, it's easy to forget the people at the heart of this—parents trying to understand past pregnancies or moms working hard to have a healthy one. The Idaho-based organizations listed below remain committed to supporting healthcare professionals so they can continue providing compassionate, effective care to Idaho families.

Idaho Medical Association
Idaho Chapter of the American College of Obstetricians and Gynecologists
Idaho Society for Maternal-Fetal Medicine
Idaho Academy of Family Physicians
Idaho Chapter of the American Academy of Pediatrics
Idaho Chapter of the American College of Emergency Physicians
American Nurses Association of Idaho (ANA-I)
Nurse Leaders of Idaho (NLI)
Nurse Practitioners of Idaho (NPI)
Idaho Center for Nursing (ICN)